

PreVenture

An evidence-based program for students with a basis of strengths-based cognitive behavioral and motivational interviewing. This program identifies four personality types that are likely to lead to substance misuse and identifies strengths, coping strategies, and goals of each personality type.

Student Personality Type Groups

- Impulsivity
- Sensation Seeking
- Anxiety Sensitivity
- Negative Thinking

Program Structure

- Consent from parents/guardians (active or passive)
- Screening- using the SURPS questionnaire
- Student groups are determined
- Scheduling with schools
- Implementation of program

Workshop Structure

- 4-8 students per personality group
 - each student receives an interactive workbook
- Four, 45-minute sessions
- 1 facilitator, 1 co-facilitator