

Prevention Plus of Burlington County

BURLINGTON COUNTY COALITION FOR HEALTHY COMMUNITIES NEWSLETTER



July/August, 2014

Prevention Plus Staff

- Don Starn,
Executive Director
- David Romano,
Assistant Director
- Joe Conlin,
Coalition Coordinator
- Angelina Palella,
Coalition Coordinator
- Beth Mayers,
Coalition Liaison
- Katie Patrick,
Prevention Educator
- Daniella Pierre,
Prevention Educator
- Joan Cohen,
Prevention Educator
- Tyler Conlin,
Youth Coordinator

BCCHC BRINGS IN NATIONALLY RECOGNIZED SPEAKER KEVIN SABET TO DISPEL THE SEVEN GREAT MYTHS OF MARIJUANA USE

Save the date!

On September 16, the Burlington County Coalition for Healthy Communities will host a town hall meeting at the Rutgers ECO Center in Mansfield, NJ from 1:00-4:00 PM. Seating is limited, so pre-registration is required. Registration can be completed at www.prevplus.org, or by calling 609-261-0001 x13.

REEFER SANITY

SEVEN GREAT MYTHS
ABOUT MARIJUANA



Burlington County Prosecutor Robert Bernardi will open the meeting with current information on county arrests involving alcohol and drugs. The Burlington County Prosecutor's Office, under Mr. Bernardi's leadership, has worked for many years to educate county residents on the dangers of substance and alcohol abuse. At the meeting, the BCCHC will recognize Prosecutor Bernardi for his many years of dedicated service to Burlington County.

Professor Kevin Sabet, will then discuss the dangers of marijuana use from a science-based perspective.

Professor Sabet, former Obama

Administration Drug Policy Adviser, and Patrick Kennedy, former Congressman and head of the Democratic Congressional Campaign Committee, have joined forces to develop Project SAM, which stands for Smart Approaches to Marijuana. The non-profit agency advocates against legalization. SAM is in favor of dropping mandatory minimum sentences and removing criminal penalties while expunging records for low-level users of the drug, and pushes for better access to treatment, education and prevention.

"In the marijuana business, the values of the flower children have been quickly replaced by the values of Wall Street power brokers," Sabet said in a statement. "We're on the brink of creating the next Big Tobacco. We feel like this is an important message most Americans have not considered."



For more information on this issue, access this website:
www.GrassIsNotGreener.org

Prevention Plus

1824 Route 38 East
Suite B
Lumberton, NJ 08048
609-261-0001 P
609-261-5854 F
www.prevplus.org



Visit us on the web:
www.prevplus.org

**Burlington County
Coalition for Healthy
Communities Meetings:
No Meetings in July or
August...see you in
September for the town
hall meeting on
September 16!**

**SAVE THE DATE:
September 16: A Town
Hall Meeting with
Prosecutor Robert
Bernardi and nationally
recognized marijuana
expert Kevin Sabet at
the Rutgers
EcoComplex. 1 to 4 PM.**

**Preregistration
Required. Go to
www.prevplus.org, or
call 609-261-0001 x13 to
register.**

Follow us on Twitter
and Facebook for
meeting updates and
information.

@BCCHCNJ
#BCCHCNJ



One More Reason to Reduce Underage Drinking

A new study of thousands of Americans finds people with a history of drinking problems have more than twice the risk of memory problems later in life, compared with those who have never been heavy drinkers.

The researchers asked participants four questions:

- *Have you ever felt you should cut down on your drinking?*
- *Have people ever annoyed you by criticizing your drinking?*
- *Have you ever felt guilty about drinking?*
- *And have you ever had a drink first thing in the morning?*

These questions come from a widely used screening questionnaire for alcoholism, The Wall Street Journal reports.

Participants were born between 1931 and 1941. They answered the questions about alcohol use when they were first interviewed, when they were in their 50s and 60s. They were considered to have a drinking problem if they answered yes to at least two of the four questions. They had follow-up memory tests every other year from 1996 to 2010, the article notes.

The 16 percent of participants who said they had a drinking problem at some point in their lives were much more likely to have memory problems later in life. The study appears in the American Journal of Geriatric Psychiatry.

“We already know there is an association between

dementia risk and levels of current alcohol consumption. That understanding is based on asking older people how much they drink and then observing whether they develop problems,” lead researcher Dr. Iain Lang of the University of Exeter Medical School said in a news release.

“But this is only one part of the puzzle and we know little about the consequences of alcohol consumption earlier in life.

What we did here is investigate the relatively unknown association between having a drinking problem at any point in life and experiencing problems with memory later in life.”

Taken from: Join Together at the Partnership at DrugFree.org

Coalition to Implement Environmental Strategy

Starting in September, the Burlington County Coalition for Healthy Communities will be partnering with the Governor’s Council on Alcoholism and Drug Abuse, and Burlington County Municipal Alliances to erect billboards with substance abuse-prevention messages.

The billboards will appear in various municipalities on major Burlington County roadways such as Routes 206, 73, 70 and 130.

The billboards will address underage drinking, prescription drug abuse and the dangers of heroin use.

The substance abuse prevention messages will be placed on a series of billboards throughout Burlington county for a five month period.

Look for the billboards starting in September and running

through mid-January.

You can help the coalition and the alliances spread the prevention message by taking pictures of the billboards you see and posting them to social media.

