

# Keys to Innervisions

An evidence based, prevention education program

- **FREE** for youth grades 6th-9th grade in Burlington Co.
- KIV is 8 Lessons in length
- Each lesson is adaptable to the classroom setting (i.e. 40-50 minutes)
- Youth that begin the lessons must be the same ones that complete the lessons, no entry into the program after the 2nd lesson.
- Each group must consist of youth in the same age range of no more than 2 years.
- Maximum of 25-30 youth per group.
- Each youth gets a workbook that remains their personal journal throughout the lessons.
- Fits into NJ's Core Curriculum Standards for Comprehensive Health & PE as well as Life Skills.

## Lessons Include:

*Character Development  
Good Decision Making  
Communication & Conflict  
Drug, Alcohol, & Tobacco Info  
Goal Achievement  
Values*



Program provided by Prevention Plus of Burlington County.  
For more information please call 609-261-0001.