



COALITION CORNER

Burlington County Coalition for Healthy Communities (BCCHC) Newsletter

June, 2015

BCCHC Sidewalk Chalk Contest a Big Success!

During the months of April, May and June, local students participated in the BCCHC Sidewalk Chalk Contest.

Over 240 students from Delran Middle School and Burlington Township High School illustrated facts about the dangers of underage drinking, prescription drugs, illegal drugs and marijuana on their schools' sidewalks and driveways.

At Burlington Township High School, the staff and students planned the event to coincide with other substance abuse prevention activities scheduled for the week before prom. Students hoped their messages would remind their friends and classmates to enjoy

their prom and graduation safely.

Congratulations to Jessica Zorn of Delran Middle School who won first place for her design depicting the fact that 1 in 6 people who use marijuana become addicted to it.



Congratulations also to Sarah Hlay, first place winner at Burlington High School, second place team Alan Roon and Connor D'Illio and third place winner Rachel Costello. Their winning designs are displayed from first to third place in the next column.

Thank you to school Substance Awareness Coordinators Stephanie Scanlon from Delran and Dr. Rafe Vecere from Burlington and the art teachers who assisted in this endeavor.

The BCCHC plans to make this an annual event, and will strive to include even more students and

schools next year. To view a slideshow of all entries, please visit: www.prevplus.org/chalk.

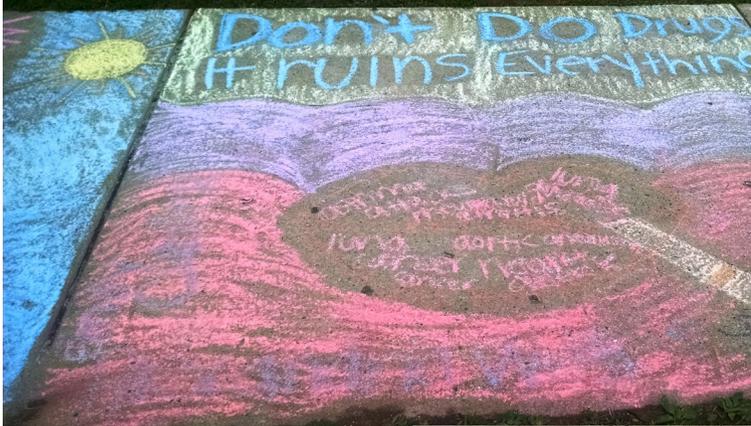


In This Issue

- Sidewalk Chalk Contest
- Sidewalk Chalk Designs
- Community Events
- Study: Effects of Marijuana and Alcohol Together
- Report: Underage Drinking Decreasing

See more designs on page 2!

2015 BCCHC Drug Facts Sidewalk Chalk Contest
www.prevplus.org/chalk



Burlington County RX Drop Box Locations

Unwanted medications can be disposed of, free of charge, at:

- Burlington Township Police Department, 851 Old York Road
- Mansfield Township Police Department, 190-A Atlantic Avenue (Only M-F, 8am – 3:30pm)
- State Police Barracks, Red Lion, 1722 Route 206, Tabernacle
- Palmyra Police Department, 20 West Broad Street
- Evesham Police Department, 984 Tuckerton Road
- Joint Base McGuire-Dix-Lakehurst, 87th Security Forces Headquarters
- Westampton Police Department, 710 Rancocas Road (Only M-Th, 8am-4pm and F, 8am -1pm)
- *NEW*** Riverside Police Department, 1 W. Scott Street

Prevention Plus

1824 Route 38 East
 Suite B
 Lumberton, NJ 08048
 P 609-261-0001
 F 609-261-5854
www.prevplus.org

Staff Contacts

Donstarn@prevplus.org
Davidromano@prevplus.org
Joeconlin@prevplus.org
Angelinapalella@prevplus.org
Katiepatrick@prevplus.org
Bethmayers@prevplus.org
Tylerconlin@prevplus.org
P 609-261-0001
F 609-261-5854
www.prevplus.org

Coalition Meeting Dates and Events

- Coalition Meeting;s:

June 23, 11AM @ The B. C. Health Department, located at: 15 Pioneer Blvd, Westampton, NJ 08060. A light lunch will be served. Please RSVP to joeconlin@prevplus.org.

No BCCHC meetings scheduled for July or August.

Have a great summer!

We look forward to seeing you at our September 22 meeting, time and location TBD.

Upcoming Community Events



PEMBERTON YOUTH ONE STOP

June - August Calendar 2015 (609) 835-7000, www.faithinactioninc.com



@PembertonYouth1



PYOS@faithinactioninc.com



groupme



YOUTH AND ADULTS UP TO AGE 24!

COME OUT PEMBERTON!

What is it that YOU Need? A Job? School? Training?
COME WEDNESDAY JUNE 24, 2015 @ 6:30 PM (All Welcomed!)

NEED HELP? DROP IN! (Starts June 30th)
(JOB SEARCH ASSISTANCE)
Tues, Weds, Thurs. 9AM - 11AM and 7PM - 9PM

YOUTH:
Come find out what this is all about. Life skills, communication, job training, activities, fun, & trips!
Ages: 14 - 19 **WEDNESDAYS 7 PM - 8:30 PM**
STARTS - JUNE 30th! FREE PIZZA!
Youth Job Development Thursdays: 7- 9PM

ADULTS: Ages 20-24
Career Development & Skills Training
Wednesdays: 6PM - 7PM - Starting July 2, 2015

WHAT DO YOU WANT TO DO?
(CAREER EXPLORATION)
The Pemberton County Youth One Stop utilizes several assessment tools to help you identify interest and abilities which are then used to explore your career options. We also offer workshops and interviews to help you discover you!
NEED A CAREER?
Need ESL Training
INTERESTED IN COLLEGE OR OTHER?
WANT TO OWN YOUR OWN BUSINESS?
COME TUESDAY EVENINGS 7PM - 9PM
DISCOVER YOU!
Starts June 30th!

GOT QUESTIONS?
Call (609) 835-7000!

COMPUTER SKILLS:
Come learn Microsoft Word, Excel, Powerpoint, and More for word processing, data entry, publications, and more!
Youth: Thursdays 5:30 PM - 6:30 PM - June 25
Adults: June 29, 30, and July 1st 9:30 AM



FIA ONE STOP CENTER
"We help you put the pieces together"

Mixing Marijuana and Alcohol Increases Level of THC in Bloodstream

According to a study published in the May issue of *Clinical Chemistry*, using marijuana and alcohol together greatly increases the amount of Tetrahydrocannabinol (THC), marijuana's main active ingredient, in the blood. Using the two substances together raises THC levels much more than using marijuana by itself.

The study had participants drink alcohol or a placebo in low doses ten minutes before they inhaled vaporized marijuana in either a low or high dose. When a test subject drank alcohol, their blood concentration of THC, whether they inhaled a low or high dose of marijuana was significantly higher than test subjects who drank the placebo.



Join the Burlington County Coalition for Healthy Communities

• **The Burlington County Coalition for Healthy Communities (BCCHC)** is an initiative of Prevention Plus, a non-profit agency which has served Burlington County since 1991. Our mission is to promote the health, wellness and safety of the individuals and families of our community by providing professional services for the prevention of abuse of alcohol, tobacco and other drugs and related issues, through education, collaboration and advocacy.

• BCCHC Mission Statement

Our mission is to reduce youth use of alcohol, tobacco and other drugs in Burlington County by utilizing community collaboration to facilitate environmental change.

 [facebook.com/BCCHCNJ](https://www.facebook.com/BCCHCNJ)

 [@BCCHCNJ](https://twitter.com/BCCHCNJ)



Prevention Plus Staff

- Don Starn,
Executive Director
- David Romano,
Assistant Director
- Joe Conlin,
Coalition Coordinator
- Angelina Palella,
Coalition Coordinator
- Katie Patrick,
Prevention Educator
- Beth Mayers,
Coalition Liaison/
Newsletter Editor
- Joan Cohen,
Prevention Educator
- Tyler Conlin,
Youth Coordinator

P: 609-261-0001 F: 609-261-5854 www.prevplus.org

Government Report: Underage Drinking Decreasing

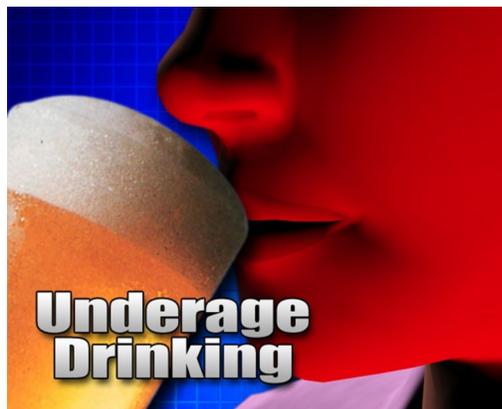
The rate of underage drinking in the United States dropped 6.1% from 2002 to 2003, according to a new government report. Binge drinking among U.S. residents ages 12 through 20 also declined, by 5.1%.

In 2013, the study found 22.7% of young people interviewed said they had an alcoholic drink in the past month.

In contrast, 16.9 % of 12- to 20-year-olds used tobacco, and 13.6% used illicit drugs, according to the June report from the *Substance Abuse and Mental Health Services Administration*. (SAMHSA).

Approximately 5.4 million (14.2%) of young people in the 12- to 20-year-old age group said they were current binge drinkers.

Binge drinking is defined as having 5 or more drinks on the same occasion on at least one day in the past 30 days for



males, and having 3 or more drinks in the same time frame for females, SAMHSA notes.

In 2002, just under 20% of young people said they were binge drinkers.

“While we’re always happy about these declines, we can’t lose sight of the fact that we have approximately 9 million underage drinkers in this country,” said Rich Lucey, special assistant to the director at SAMHSA’s Center for Substance Abuse.

According to Lucey, the decline in underage drinking is due to an increased focus on the issue at the federal, state and local levels over the past decade.

The rate of binge drinking for those between ages 18 to 20 has remained between 39% and 44% for the past 20 years, Lucey said.